

Igniting imagination and innovation through learning.

### **3.4 The Diabetes Connection**

# 1) What is a feedback mechanism?

 A situation in which parts of a system respond to other parts to make something



# In the body, the feedback loops are controlled by what?

• HORMONES!!!



### examples

- Childbirth
- Blood clotting
- Erythrocyte (red blood cell) production
- Blood pressure maintenance
- Blood glucose maintenance
- Menstrual cycles
- Growth

# 2) How do positive and negative feedback differ?

 A situation in which parts of a system respond to other parts to make something



# 2) How do positive and negative feedback differ?

#### Negative

- Work to maintain homeostasis
- The response acts AGAINST the stimulus
  - if blood pressure is high, the response is to LOWER it...

#### Positive

- Work to amplify a result
- The response acts to ENHANCE the stimulus
  - Pressure on the pelvis makes a woman contract more, creating more pressure on the pelvis, causing more contractions...

# 3) Why is having too much sugar in the blood bad?

It causes these problems →



### It also causes

#### 50% of diabetics to have heart disease (thicker blood is harder to pump<sup>(2)</sup>)



### It also causes

 12% of diabetics to suffer serious vision loss early on (thicker blood can't get through the capillaries and lack of oxygen and nutrients starves the cells in the

eye⊗)

10% of all diabetes patients de lop Diabetic Macular Edema during their lifetimes.

### It also causes

#### 75% of diabetics to suffer serious vision loss after 15 years

http://www.cdc.gov/diabetes/statistics



# 4) What happens to cells exposed to high levels of sugar?

- Sugar SUCKS!!!
  - It will suck the water right out of the cells, leaving them
    DEHYDRATED I





# 5) What is the role of insulin in our bodies?

- It lets the sugar into our cells and gets it OUT of the bloodstream.
- It's like the KEY that opens the LOCK into the cell!



# 6) How does insulin accomplish its job?

 Open the "All About Insulin" PowerPoint or go to

<u>http://www.youtube.com/watch?v=CuQMp</u> <u>N7rM-4</u>

# 7) What is the diabetes connection?

 Diabetes is a malfunction in the blood sugar feedback loop—KNOW THIS LOOP!



# Watch this video to hear the loop explained

 <u>http://www.youtube.com/watch?v=NnIWDx</u> <u>uZKUo</u> (the substitute can play it off of my computer)

## **Type 1 Diabetes Insulin-Deficient Diabetes**

#### Pancreas does not make insulin



## Type 1 Diabetes

- Mostly in children
- (old name: Juvenile Diabetes)



### Type 1 Diabetes

#### • Treatment: Insulin (shots or pump) and controlled diet (limit of carbs)





## **Type 2 Diabetes Insulin-Resistant Diabetes**

# • Cells become resistant to insulin (it doesn't work anymore)

Type 2 Diabetes: Insulin Resistance



### Type 2 Diabetes

- Mostly in adults
- (old name: Adult Onset Diabetes)



## Type 2 Diabetes

- Treatment: Controlled diet (limiting carbs) and exercise
- Type 2 is REVERSIBLE with lifestyle changes!!! (at least for a

time)



"What fits your busy schedule better, exercising one hour a day or being dead 24 hours a day?"



### Type 2 Diabetes

 Long-term damage to the pancreas (from overworking it) can cause the need for insulin shots





### So What?

- If the cell becomes resistant to insulin (type 2 diabetes) it has the same effect as if there was not insulin present
- BOTH: Cells can't take in glucose, resulting in too much sugar in blood



## 8) How do types 1 and 2 differ?

- Your assignment
- Make a chart comparing and contrasting type 1 and type 2 diabetes. Be as thorough as you can. You may work with a partner if you'd like. You may create a Venn diagram or simply do a comparison chart. Put your names on it and put it in the tray.